

## Body & Spirit by Hilton



### Massage Indulgence

Full Body Swedish	1hr	£38.00
Neck, Back & Shoulders	30min	£28.00
Aromatic	1hr	£42.00

### PHD Waxing

Half Leg	30min	£16.50
¾ Leg	45min	£19.00
Full Leg	1hr	£22.00
Full Leg & Bikini	1hr15	£26.00
Bikini	15min	£10.00
Underarm	15min	£10.00
Eyebrow	15min	£10.00
Lip or Chin	15min	£5.00



### Hands & Feet

Manicure	1hr	£20.00
Deluxe Manicure	1hr15	£24.00
Pedicure	1hr	£25.00
Deluxe Pedicure	1hr15	£28.00
Re-Varnish	30min	£12.00
Hand Treatment	30min	£15.00

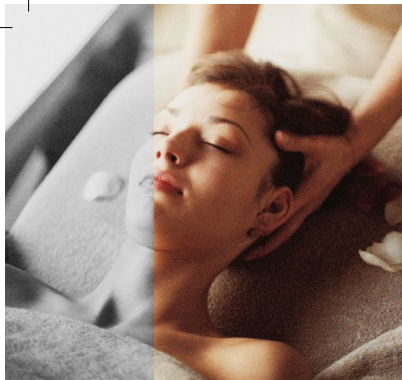


### Facial Indulgence

Purity Ritual	30min	£28.00
Aroma Essential	1hr	£40.00
Oxygen Facial	1hr	£40.00

### Eye Treatments

Eyelash Tint	30min	£15.00
Eyebrow Tint	15min	£10.00
Eyelash & Brow Tint	30min	£18.00



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### Exclusively by Kate

Full Body Exfoliation	30min	£30.00
Rebalancing Back Treatment	45min	£35.00
Toning Body Wrap	1hr	£50.00
Indian Head Massage	30min	£35.00

### Exclusively by Erin

Hot Stone Massage	1hr15	£40.00
Deluxe Hot Stone Massage	1hr30	£50.00
Indian Head Massage	30min	£35.00
Hollywood or Brazilian Wax	30min	From £15.00



### Opening Hours

Monday	Closed
Tuesday	9am - 5pm
Wednesday	10am - 6pm
Thursday	12noon - 8pm
Friday	10am - 8pm
Saturday	9am - 8pm
Sunday	10am - 6pm



### Ultimate Indulgence Packages & Day Spa Packages details available upon request

- 10% Discount for LivingWell members
- We are open to non-members
- Gift vouchers are available
- Product used in treatments are available for purchase
- A 50% cancellation fee will be charged for any no show or cancelled appointments under 24 hours

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